

MAUNDY THURSDAY MEALS

Around a **simple** meal we invite you to **look back**, **look upward**, **look forward**.

**There is something special about eating together with people.
Jesus spent lots of time sharing meals.**

This week we have been walking with Jesus through the story of Holy Week. Today we remember the story of that last supper before his crucifixion, when he took bread and wine and shared it with his friends.

As you eat, you are invited to spend time between looking backwards and reflecting together on the week we've had, looking upwards and letting God speak to us through the bible and prayer and then looking forwards and sharing what is going on in our week, making plans for mission together or asking one another for prayer.

First Course – Look Back

Give thanks for the food and enjoy being with each other.

Spend some time chatting about your experiences of the last few months.

Have there been any highlights or lowlights you want to share?

How have you found this Lent?

Have there been things you have learnt or want to celebrate?



Between Courses – Look Up

Read the passage from scripture below.

Notice and share what is getting your attention in this story.

When the hour came, Jesus and his apostles reclined at the table. And he said to them, “I have eagerly desired to eat this Passover with you before I suffer. For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God.”

After taking the cup, he gave thanks and said, “Take this and divide it among you. For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes.”

And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.” In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.

Luke 22:14-20

Share bread in silence as you remember Jesus.

Raise a glass of wine, or something similar with this toast:

“To the King, until he comes!”

Pudding – Look Forward

As you eat discuss:

What is coming up for you this week?

What are you looking forward to about Easter?

What can we pray for?

Take time to pray together as your meal ends.

